

UxxN (Coach name) Trainer Cheat Sheet
(original forms in e.g. managers binder or coach bag)

<p><u>Allergies</u> Jane Doe - Penicillin Janey Moe - Nuts/Peanuts - carries EPI PEN</p>
<p><u>Medical Conditions</u> Janie Poe - asthma - carries VENTOLIN 4 puffs as needed</p>
<p><u>Previous injuries</u> Janni Roe Broken ankle (right, 2014) Concussion 2015 Jani Boe Concussion 2015 Jayne Goe Broken wrist (left, 2015)</p>

*** PLEASE KEEP CONFIDENTIAL and SHRED AT END OF SEASON ***

Print 2-sided and store in plastic sheet protector or ziploc bag in your trainer bag, one copy per trainer on the team.

Player	Parents	Emergency Contact
Name 1	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	Person's name xxx-xxx-xxxx
Name 2	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
etc.	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
sorted	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
by	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
first	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
name	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
alphabetically	xxx-xxx-xxxx ·Home xxx-xxx-xxxx · mom's name cell Xxx-xxx-xxxx - dad's name cell	
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