



“Introducing”

The City of Ottawa Ringette Association (CORA)

Home of the Ottawa Ice

Sam Jacks started ringette in North Bay, Ontario, in 1963 as a “winter sport for females”. It is now an international sport formally organized and played in Canada and seven other countries, The growth has continued internationally with the formation of associations in the U.S.A., Finland, Sweden, Russia, and France. In addition, Ringette Canada has been instrumental in demonstrating the game in the Netherlands, Switzerland, West Germany, New Zealand, Australia and Japan.

Who We Are

We are the players, families, coaches, officials and organizers of the Ottawa Ice.

Prior to the amalgamation of the cities and townships of the National Capital Region to form the new Ottawa in 2002, each of the major cities and many of the townships offered programs through their own associations. After the amalgamation, the associations remained in tact, retaining their original names and boundaries. CORA comes from the original City of Ottawa association started back in 1972.



A young coach speaks to her Novice team

Photo: Cosmic Shots

Our association is part of the National Capital Region Ringette League (NCRRL), other communities who are part of the league are:

- Arnprior
- Gloucester/Cumberland
- Nepean
- Clarence/Rockland
- Kingston
- Metcalfe
- Gatineau/Hull
- Upper Ottawa Valley
- West Ottawa

What We Do

The Ottawa region is recognized worldwide as a hotbed of ringette, and CORA, in its 32nd season, is a major player here. We are committed to sustain and grow this international competitive sport. We sponsor camps, workshops and courses to train players, coaches and officials. We contribute 1/5th of the 1700 players that play locally, ranging in age from 6 to adult. There are 13 recreational and 9 competitive youth teams and 6 adult teams this year, of the 200 regional teams, each with a coach, a manager, a trainer and assistant coaches.

Registration fees were collected this fall from 309 youth players and 85 adult players, most of it being spent on ice rental for the 1200 games and practices we will host throughout the season. Competitive teams will incur additional expenses, not covered by our registration funds, to compete in tournaments in Ontario and across Canada. Recreational teams typically spend less. This is a sport for everyone, regardless of skill-level or commitment.



What we've Accomplished

Our top-level Petite team (under 12 years) carried home CORA's first Provincial Medal (Gold) in 1997. Since then, our provincial medals include 8 more Gold, 2 Silver and 5 Bronze. Amid this success we have brought home 10 Provincials Sportsmanship awards - a testament to the way we play the game.

Ottawa Ice Junior 'AA's as Team Ontario - National Silver Medallists 2003

We won our first Nationals medal when the 1997 Petite team, as Juniors (under 16 years) in 2000, won the Bronze in Prince George, BC. Since then, we have another Junior Bronze, 2002, a Junior Silver, 2003, and two Belle (under 19 years) Golds, 2003 and 2004.

Our players are consistently chosen for higher-level teams. CORA contributed 6 players to the Eastern Region Team which won gold at the 2004 Ontario Winter Games. Five CORA players were members of Team Ontario which took the gold medal at the Canada Winter Games in 2003. And, now that the first gold-medal Petite team members have graduated as National Belle Gold-Medal winners (2004), two of them play for Team Canada.

Why all of this matters

Participation in sport, whether recreational or competitive, is a powerful influence in the lives of many Canadians. CORA, through the participation of its players, coaches, officials and organizers (locally, provincially, nationally and internationally) is proudly at the forefront of player and sport development. And as the players mature, they give back to the sport and the association by becoming coaches, officials and organizers for the younger teams.



Playing ringette for CORA is a path to athleticism, achievement, sportsmanship and, best of all, about making new friends and having fun! Ringette has it all. Our best players are ranked among the best athletes in the world, often succeeding in many other sports as well. And while we shy away from comparisons with other ice sports, mostly because ringette is so different, WE play the fastest team sport on ice, bar none.

Watch, play, learn

Don't take our word for it. Come see for yourself, check out the schedule of games and practices on our web site. There are several top-ranked tournaments around Ottawa this winter, including the Provincial 'AA' Championships hosted by CORA in March of 2005.



Novice players learn about focus

Photo: Cosmic Shots

Why not become a member of the ringette family? It's a move you and your children will cherish.

www.ottawaringette.on.ca